



Hollis VFW

November 2018 Newsletter

Vol. 28 Issue: 11

Serving Hollis and Brookline

November 2018

The Hollis VFW meets the third Sunday of each month.

Meetings in April through September are at the American Legion Hall, 38 Main Street, Brookline, NH and begin at 7 PM.

Meetings from October through March are at the Hollis Town Hall, 7 Monument Square, Hollis, NH and begin at 2 PM.

If you wish to join or have questions about the VFW, please call one of the Post Officers.

Next Meeting: 18 Nov, 2 pm, Hollis Town Hall

October Meeting Minutes

Meeting called to order at 2:06 PM by Commander Jonathan Matlock. 10 members and 2 guests, Amy Frechette, Suicide Prevention Coordinator, and Patrick Kennedy, member of Brookline American Legion Post 74, present.

Membership Applications: Commander Matlock showed the members the 100% Ribbon the Post earned for reaching 100% Membership. The streamer will be added to the Post flag.

Chris Lussier made a motion that the meeting be suspended so the Guests could provide their presentations; seconded by Bruce Moran and unanimously approved.

- Patrick Kennedy spoke about the fund-raising efforts of the Brookline American Legion and asked if the Hollis VFW would like to participate. The Post members decide they would wait for a later time to discuss this issue internally.
- Amy Frechette, Suicide Prevention Coordinator for the Manchester VA, spoke to the members about suicides and suicide prevention. She stated 17 November is National Suicide Survivor Day.

She asked if we could publish her telephone number in our next newsletter so others would have it available if needed.

The meeting reconvened.

Minutes: A motion was made by Chris Lussier to skip the verbal reading of the Minutes since they were published in the October newsletter and sent to all the members; seconded by Andy Seremeth and unanimously approved with no corrections made to the Minutes.

Quartermasters Report: The Quartermasters Report was read. Chris Lussier reported there was an additional \$24.50 for District 6 Dues but it did not get received or deposited so he made an annotation to add it later. The Post received \$72 from donations during the Hollis Old Home Days. Distributions were made to cover the cost of the website and for Chris to pay for Bill Carnes dues for the year. Greg d'Arbonne made a motion that the Quartermasters report be accepted as read, pending audit; seconded by Jim Bélanger and unanimously approved.

Correspondence:

- “Homes for our Troops” sent a thank you card for the Post’s donation to them.
- Received a letter about “Operation Cookie” from the Girl Scouts. Chris Lussier made a motion that we file this letter; seconded by Greg d’Arbonne and unanimously approved.
- The Post received a letter from the VFW Commander in Chief, thanking the Post for reaching 100% membership.

Comrade in Distress: Nothing to report.

Committee reports:

- Voice of Democracy (VOD) and Patriot’s Pen (PP): Commander Matlock will pick up the papers from the PP contest. They will then be sifted down to the top 10 from the Post. Greg d’Arbonne made a motion that a small group of members meet on 4 November to go through the PP essays and select the top 10; seconded by Chris Lussier and unanimously approved. Commander Matlock, Chris Lussier, Mark Tigert and Greg d’Arbonne will meet on the 4th of November at 1 PM at the Legion Hall. Commander Matlock stated we cannot announce the winner until after the District selects their winner.

Old Business:

- Veterans Day: The members discussed the ceremony. It was decided a program is needed. Once it is done, Russ Norris will have it printed. The schedule for the school ceremonies was reviewed.
- Teacher of the Year: Russ Norris made a motion that Trevor Duvall be the nominee from the Post; seconded by Bruce Moran and unanimously approved.

General Orders: As distributed by Department and District and posted on Department website.

The prayer was said for the National Home.

New Business:

- Veterans Day Poppy Drive, 10 November, 8 AM to 4 PM:
 - 8 to 10 = Chris Lussier, Russ Norris and George Robinson

- 10 to 12 = Mark Tigert, Bruce Moran and Becky Crowther
- 12 to 2 = Jonathan Matlock, Bruce Moran and Mark Andrews
- 2 to 4 = Don Hurt, Bruce Moran and Jim Bélanger
- Annual Donations: Greg d’Arbonne made a motion that the Post make all of the suggested donations to the Department in the amount of \$25 each, with 19 total categories for a total of \$475; seconded by Bruce Moran and unanimously approved.
- The members were reminded that the February meeting will be at the Brookline American Legion Hall and the March meeting will be at the Lawrence Barn, in conjunction with our annual potluck luncheon.
- Jim Bélanger reminded everyone we should start thinking about who the Hollis Citizen of the Year should be as we will vote on the name at the February meeting.

For the Good of the Order:

- Russ Norris stated the following:
 - The Post needs to get a copy of the new Manual as it has the current VFW By-laws. Russ made a motion that the Post purchase two copies of the Manual; seconded by Greg d’Arbonne and unanimously approved.
 - He reminded everyone that reporting must be done via the Department website.
- Jim Bélanger stated we can purchase flags for \$126 (a gross) from New England Manufacturing. Chris Lussier will look at this possibility.
- Don Hurt asked a question about the move of the pharmacy at the Manchester VA as the message about the move was confusing. The pharmacy is still in the building, just in a new location.
- Chris Lussier asked that at the Flag Retirement Ceremony the Legion will do, that any flags that are still in good condition, to please put them aside so he can look at them for his collection.
- Bruce Moran commented that during the Old Home Days Parade, only four families stood when the flag passed by.

The meeting adjourned at 4:34 PM. The next meeting is Sunday, 18 November 2018 at 2PM at the Hollis Town Hall.

News For & From Members

Passing of Bill Carnes

It is with sadness that we report the passing of Post Member Bill Carnes. The Post offers its condolences to Bill's family and friends. From his daughter, Sheryl, we received the following obituary:

William John Carnes, 86 - A celebration of Life will be held at United Parish of Auburndale, 64 Hancock St in Newton Massachusetts on November 4th at 2pm.

Current Resident of Hollis NH and former long-time resident of Long Island, NY, William Carnes passed away on October 22 at Blaire House of Tewksbury in Tewksbury, MA.

William was born on July 19th, 1932 in Flushing New York, to Anastasia and Thomas Carnes. He married twice and had 7 children; Sheryl, Thomas, William, Roger, Tracey, Michael and LeeAnn. He also had three step-children, Doug, Rob and Theresa. He joined the Navy in 1951, served during the Korean War and he later worked in Electronic Sales for over 40 years. He and his wife Jane owned and operated the Greenlawn Florist on Long Island during his semi-retirement.

He was an avid sports fan, loving the Jets and the Yankees. He has been called Willie, Bill, Billy, Grandpa and Pops.

He is survived by his sister Patricia, his children, grandchildren, great grandchildren, nieces, and nephews.

In Lieu of Flowers, donations may be made to:

Hollis VFW Post 11373

P.O. Box 1012

Hollis NH 03049

Please Make Sure You Renew ASAP

If you pay annually for your membership, we ask that you renew as soon as possible so we can meet our numbers for the year now and not have to rush at the end of the year (which is June). You can renew at a meeting or you can renew online (<https://www.vfw.org/OMS/QuickRenew.aspx>), but please renew! Thanks!

News of Interest to Veterans

Because you served....

Hosted by the Town of Madbury Police



Have you ever served? If you have, please join us to learn more about the rich resources that await you.

Police Service Employees and their loved ones are invited to learn more about the VA Benefits they may be eligible for:

Friday, November 16, 2018
9:00 a.m. – noon
Madbury Police Department

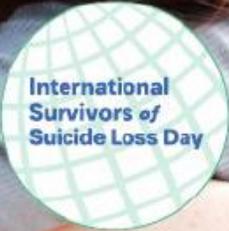
- On site VA Enrollment and Eligibility
Overview of Services and Benefits with VA's
VetCenter, Benefits Administration and
Medical Center



Manchester VA Medical Center
Outreach Program Offices
www.Manchester.VA.gov



Reaching Out Can Change Your Life



Saturday, November 17

New Hampshire

You are not alone. Join a community of suicide loss survivors to find comfort and gain understanding as we share stories of healing and hope.

Survivor Day Film

The event features a screening of *A Daughter's Journey*, an AFSP-produced documentary that follows Sarah, a young adult, through her story of milestones, family, coping and positive growth after the loss of her father. This year's film shares hope, connection and resilience in the aftermath of a suicide loss.

- Concord**
The Barley House
- Gilford**
Gilford Public Library
- Hampstead**
Hampstead Public Library
- Hooksett**
Manchester Vet Center
- Keene**
Hannah Grimes Center
- Nashua**
Riverview Café
- Portsmouth**
Portsmouth Public Library

For more information or to register online, Please visit www.afsp.org/newhampshire



American Foundation for Suicide Prevention



“I returned from war years ago, but now I finally feel like I’m home.”

Since 2009, Home Base has worked to heal invisible wounds for Veterans, Service Members and their Families through world-class clinical care, wellness, education and research. Invisible wounds include post-traumatic stress, traumatic brain injury, depression, co-occurring substance use disorder, military sexual abuse and other issues associated with service. As a National Center of Excellence and the first and largest private-sector clinic in the nation dedicated to healing these unseen injuries, it is our duty to change the landscape of care for the 21st century warrior and military family.

Every Veteran and family has earned a complete homecoming. Home Base won't stop until they get it.

**THEIR MISSION IS COMPLETE.
OURS HAS JUST BEGUN.**

**Connect with Care
617-724-5202**

All Home Base treatment, wellness programs and research opportunities are provided to Veterans, Service Members and their Families at no cost to them. Education offerings are provided to healthcare professionals, first responders and community members free of charge. Discharge status is not a determination factor for participation.



A RED SOX FOUNDATION AND MASSACHUSETTS GENERAL HOSPITAL PROGRAM



homebase.org

Treatment Resources & Options

- New England residents can visit the Home Base **Outpatient Clinic**, while Veterans regionally and nationally can access our **Intensive Clinical Program (ICP)**.
- Lodging, meals and transportation are all fully subsidized in the ICP.
- Couples assessment and therapy, family support groups, parenting advice, and pre-arranged babysitting services.



Education & Research

Home Base initiatives include free **Education** training for community clinicians and first responders to help them recognize and treat Veterans and their Families. Home Base also supports critical **Research** into innovative treatment approaches for the 21st century warrior and military family.

A Wealth of Wellness Programs

- The *Warrior Health and Fitness Program* serves Veterans through supervised exercise, education about healthy eating, living, sleep hygiene and stress management.
- The *Resilient Warrior and Resilient Family* series focuses on the mind-body connection designed to help handle stress.
- The *Adventure Series* welcomes military families to enjoy fun, free activities. Home Base collaborates with the 101st Airborne Division Association's Home Base Chapter to host local military families for events in the Massachusetts area.



A RED SOX FOUNDATION AND
MASSACHUSETTS GENERAL HOSPITAL PROGRAM



homebase.org

Connect With What Matters



Being there makes a difference

It could be a simple trip to the mall, a ride to the movies or just a visit to friend's home. The little things in life can make a big difference. It's why MobilityWorks has been helping veterans connect with who and what matters most since 1997. Veterans have unique needs so we treat each of them as individuals. First of all, we listen. Then, we work together to find the best solution.

MobilityWorks considers it a privilege to help our nation's veterans. Every day we work with local VISNs and service organizations to make the process of securing accessible vehicles, lifts and driving equipment for veterans as easy as possible.

MobilityWorks has more than 65 locations across the country with the largest selection of accessible vehicles and adaptive solutions:

- Converted minivans, full-size vans, SUVs and trucks — Chrysler, Dodge, Ford, Honda and Toyota
- Pre-owned accessible vehicles
- The latest in adaptive technology including transfer and turning seats, scooter lifts and hand controls
- Complete maintenance and service on adaptive driving equipment, lifts and conversions
- Daily, weekly and long term rental vans
- Financing options to fit your personal needs
- 24-hour roadside assistance with wheelchair transportation

MobilityWorks is committed to serving you. Contact us today so we can evaluate your needs and find a solution that best fits your lifestyle.



SUVs



Scooter lifts, turning seats, and driving accessories

USA's largest accessible van dealer!

For more information contact:
Dave Qualey 603.437.4444
Or email Dave.Qualey@mobilityworks.com


mobilityworks®
be there

Points To Ponder

The views expressed in the following article were deemed interesting enough by me to include in the newsletter. I take full responsibility and the content does not reflect the opinion of the members of the Post. Please contact me if these articles offend you. – Greg d'Arbonne



Know What the Road Signs Mean!!

One night, a state trooper saw a car driving along at 22 mph. He put on his lights and pulled the car over. He approached the driver's window and saw there were five older women in the car who looked shocked and pale. The woman who was driving said, "Officer, I don't get why you pulled me over. I was going the speed limit exactly. What is the issue?" The trooper said, "Ma'am, you were not going over the speed limit. However, driving under the limit is dangerous too." The woman responded, "I disagree, sir. I was going 22 mph, the exact speed limit." The trooper laughed and said, "22 is not the speed limit, it's the route number." Feeling embarrassed, the woman thanked the trooper. He said, "Before I let you go, is everyone OK?" The women seemed a bit unsettled. The driver responded, saying, "Oh, they'll be fine in a minute. We just got off of Route 119."

Boyfriend vs. Husband

The young woman who submitted the tech support message below (about her relationship to her husband), presumably did it as a joke. Then she got a reply that was way too good to keep to herself. The tech support people's love advice was hilarious.

Dear Tech Support,

Last year I upgraded from Boyfriend 5.0 to Husband 1.0 and noticed a distinct slowdown in overall system performance, particularly in the flower and jewelry applications, which operated flawlessly under Boyfriend 5.0. In addition, Husband 1.0 uninstalled many other valuable programs, such as Romance 9.5 and Personal Attention 6.5, and then installed undesirable programs such as: NBA 5.0, NFL 3.0 and Golf Clubs 4.1. Conversation 8.0 no longer runs, and House Cleaning 2.6 simply crashes the system. Please note that I have tried running Nagging 5.3 to fix these problems, but to no avail. What can I do?

Signed, Desperate

The response came weeks later.

Dear Desperate,

First, keep in mind, Boyfriend 5.0 is an Entertainment Package, while Husband 1.0 is an operating system.

Please enter command I Thought You Loved Me.html and try to download Tears 6.2. Do not forget to install the Guilt 3.0 update.

If that application works as designed, Husband 1.0 should then automatically run the applications Jewelry 2.0 and Flowers 3.5.

However, overuse of the above application can cause Husband 1.0 to default to Grumpy Silence 2.5, Happy Hour 7.0, or Beer 6.1.

Please note that Beer 6.1 is a very bad program that will download the Farting and Snoring Loudly Beta version. Whatever you do,

DO NOT, under any circumstances, install Mother-In-Law 1.0 as it runs a virus in the background that will eventually seize control of all your system resources. In addition, please do not attempt to re-install the Boyfriend 5.0 program. These are unsupported applications and will crash Husband 1.0.

In summary, Husband 1.0 is a great program, but it does have limited memory and cannot learn new applications quickly.

You might consider buying additional software to improve memory and performance.

We recommend Cooking 3.0.

Good Luck!

Post Officers

Commander: Jonathan Matlock - (706) 887-9445, jonmatlock@yahoo.com

Senior Vice Commander: Andy Seremeth

(603)880-8685 aseremeth@aol.com

Quartermaster: Chris Lussier

(603) 465-2676; clussier@tds.net

Service Officer: Bruce Moran

(H: 603-465-7611; C: 603-465-1040; bruce.moran@hotmail.com)

Junior Vice Commander: Jim Bélanger

(603) 465-2301; n1nh@tds.net

Chaplain: Bruce Moran

H: 603-465-7611; C: 603-465-1040; bruce.moran@hotmail.com

Adjutant: Greg d'Arbonne

(603) 672-5830; C: 978-604-8835; gdarbo6844@aol.com

Post Mailing Address: C/o Commander, VFW Post 11373, PO Box 1012, Hollis, NH 03049

Post Website: <http://www.hollisvfw.org/>

E-mail addresses are for the use of the members to pass information and not to be sold or freely passed to others without formal consent of the member. No funds solicitation is authorized via e-mail.